

Noosa Tri Club

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Winner Winner, Goose for Dinner

Our Club President goes from Goose to Gander

He is humble to the bone and selfless to no end. Tim Rook, our Club President, has been awarded **Club Administrator of the Year** from Triathlon Queensland. Just reward for this battler who has a never-say-die attitude.

To steal some of Bec Rook's words:

Since moving to Noosa 7 years ago, Triathlon became his world but just over 3 years ago, he was in a serious accident - told he would never race again... how wrong they were! THREE Ironman's later, as well as some 70.3's, Noosa Tri's and countless Noosa Tri Interclub races - his passion, drive and love of Tri got him back.

Bec says that one of his biggest highlights was becoming Club President because he was buzzing when he was voted in - displaying that synonymous big cheeky smile (seen in the photo) and the one ALWAYS see when he is racing.

To Tim, on behalf of every NTC member, we are ALL very grateful for all of your hard work and passion.



SUMMARY

Win for Tim
Club President of the
Year from Tri Qld

Gold Coast Tri
More success for NTC
athletes

Local Results
Stunned by Joey and
Cathy Milgate

More May Madness
IM/70.3 Port Mac on
7th May
Byron Tri on 13th May

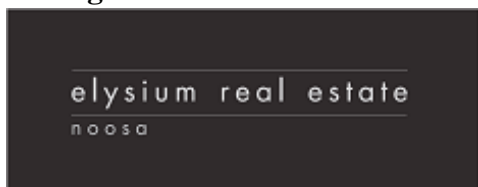
Sharing is caring
We want your input to
share the NTC spirit:
NTClubNews@gmail.com

Always check our
website for more
details:
www.noosatriclub.com

SPONSORS



Introducing some of our **PROUD SPONSORS**. We'll be hearing from them:



1

ULTRAMAN

Noosa hosts the Ultraman;
an incredible test over 10k
swim, 421k bike, 84k run!
13th-15th May

2

STRADDIE SALUTE

Stradbroke Island hosts a
selection of events in its
tenth year.
20th-21st May

3

NOOSA ULTIMATE

Swim in the Bay, Run
around Noosa, or Ride a lap
of the Hinterland.
27th-28th May

Gold Coast Sprint Tri

The Luke Harrop memorial triathlon was held on April 9th with a small crew of NTC athletes leaving a big mark on the podium. Below are the results that we know of – well done!

Penny Hearn 3rd Place 60-64
 Marion Brown 3rd place Athena
 Dimitri Simons 3rd place
 Peter Holgate 2nd place 70-74
 Barry Meek 1st place 70-74

Noosa, Trifecta Club Series Champs!

The Gold Coast Tri wrapped up the 3-race series and Noosa regained their title within Division II, taking top spot in the 2017 Multi Sport Trifecta Club Series.

The battle with our friendly rivals began at the Noosa Tri and continued in Mooloolaba. Despite the clear lead, the double points on offer at the Gold Coast Tri meant the championship series (and bragging rights) were still up for grabs.

Thanks to some superb results that are listed above, NTC ended the finale as clear victors with over 325,000 points, ahead of second placed Redcliffe Tri Club by a massive 134,000 points!

Congratulations to YOU, our Noosa Tri Club members. Congratulations and thank you. The trophy will be proudly displayed / “shown off”.

Points score for Top 6 of Div II shown below:

| RANK | DIVISION | CLUB NAME | ROUND 1 | ROUND 2 | ROUND 3 | TOTAL (AFTER ROUND 3) |
|------|----------|--|----------|---------|---------|-----------------------|
| 1 | II | Noosa Tri Club | 290022 | 11021.4 | 24414 | 325457.4 |
| 2 | II | Redcliffe Tri Club | 165751.5 | 10997.4 | 14602.2 | 191351.1 |
| 3 | II | Bayside Multisport | 131003.8 | 10064.4 | 19555.2 | 160623.4 |
| 4 | II | Surfers Paradise Triathlon Club | 105531.4 | 4697 | 14681.6 | 124910 |
| 5 | II | Bondi Running & Triathlon Club Inc (B.R.A.T) | 98234 | 1811.4 | 0.00 | 100045.4 |
| 6 | II | Toowoomba Triathlon Club Inc | 56557.3 | 4890.1 | 19614.2 | 81061.6 |

Local Member Results

Here are some results from two unsung heroes; Joey and Cathy Milgate. Just like some of you, they lead a busy life and don't always have time to attend our local club events. They are still committed to enjoying the triathlon lifestyle in South East Queensland and they share with us, some of their recent adventures.

Young Joey Milgate (12-13 years) competed at the Tre-X Dirt Fest in the 20km Mt Bike race and came a terrific third in his division. He also backed up to compete gallantly in the triathlon.

Further to his credit, Joey also completed 4 laps, including **one in the dark**, at the Hidden Vale 24 hour race as part of a 4-person team.

Cathy also did the 24 hour race at Hidden Vale as a team of two females and came **second!** She is so humble that her only claim to fame was that there were no trips to hospital.

We are super proud of your efforts and very thankful for sharing your story.



Image above of the 2016 Trophy Will proudly display and boast about the new addition to the trophy cabinet when it arrives!

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