

Noosa Tri Club

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XTERRA World Championship

New Noosa Tri Club kit proves itself atop the podium!



BEFORE

Noosa local, Gregory Ball, left nothing on the course except for some blood and sweat at the recent XTERRA World Championship race. The Le Cyclo Sportif owner donned the new Noosa Tri Club kit and proved that the membrane of the machine is worth its weight in gold; victorious from a field world's best time just over 4



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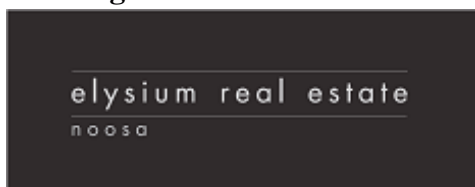


AFTER

Swim:	1500m
Ride:	32km
Run:	10.5km

Greg admitted that there was a toll on the body with abrasions and a sprained finger thanks to a challenging course, several crashes and muddy descents. Congratulations on a hard-earned victory, Greg.

Introducing some of our **PROUD SPONSORS**. We'll be hearing from them:



1

KAWANA

The Gatorade Qld Tri Series continues in Kawana with an Aquathlon & Triathlon. Sat/Sun 12th/13th November.

2

HERVEY BAY

Total of 100km split into 2/80/18 for the swim/bike/run. Sunday 13th November.

3

CLUB EVENT

Sprint distance club even with shorter options for everyone to get involved. Sunday 27th November.

SUMMARY

XTERRA Worlds
Well done to Greg Ball from Le Cyclo Sportif!

Tri Training
High enthusiasm for training events

Noosa Tri Success
Masters shine the way onto the podium

Win for Noosa Tri Club
NTC wins Div II of Trifecta Club Series

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NTClubNews@gmail.com

Always check our website for more details:
www.noosatriclub.com

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Noosa Tri – The Training

In the lead up to our local race and the world’s largest triathlon, we held focussed sessions with ocean swims that followed the course, transition sessions and a multi-loop event. There were great numbers turn up for some last minute activation before the big race. It was great to see so much enthusiasm with club and squad members putting in the hard work.



The transition session was very competitive and was a great race simulation. The club multi loop enduro was a must for those doing the Noosa Tri as a practice to fine tune the process a week out.

The Sunday open water swim will continue to start at 4pm but reverts to our usual swim adjacent to the National Park.

Noosa Tri – The Success

The training and preparation payed off for our members with more success than we can poke a bike at. We will feature more of the story in the next edition of the newsletter but for now, here is a summary of some achievements.

Individuals mounting the podium were young and not-so-young, from teenagers to eighty-agers!



The masters of Noosa shone brightly, leading the way onto the podium and shining a light for the less experienced athletes to step up one day in the future.

To touch on one super-human performance, we mention Mr Phil Scott. We feel as though he should be Knighted, to be Sir Scott. Phil has now completed TWENTY episodes of the Noosa Tri and is proof that age is just a number having taken out the title at an age over eighty!

Needless to say, Phil received a very emotional standing ovation and the biggest applause surpassing the commendation given to the elites who are just touching a third of his age. A remarkable effort, deservedly awarded.

A huge congratulations goes out to the entire Noosa Tri Club contingent, whose depth has proven that we have what it takes once again. For the second year in a row, **NTC has secured top spot in Division II of the Tri Club Series.**

This honour combines the 3 Australian Multi Sport events; Noosa, Mooloolaba and Gold Coast Triathlon. Clubs earn points for every member who races individually, in a team or in a festival event. Points are tallied at each race and the overall winners in each division is crowned at the completion of the final race on the Gold Coast in April 2017.

Well done again, and we will have more details of the winners, grinders and all who gritted their teeth in the next (November) edition.

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