

Noosa Tri Club

Inform. Inspire. Your newsletter. Your club.



Brrrr, Noosa Wintery Duathlon!

The heat was on last weekend, to warm up and to claim the prizes – FREE entry into Noosa, Mooloolaba or Gold Coast Tri's.

Winter struck its first cruelly cold blow over the weekend that coincided with our June club event. This month's action was in the form of a duathlon, luckily avoiding the chilly water on a morning where the thermometers dipped uncomfortably low.

All rugged up, the event began with a 5.5km run, looping down Noosa Parade and Witta Circle. This was followed by a 13km cycle to St Andrews Drive and back. While the mercury was struggling to climb, our athletes pursued the heights of the Noosa Hill (up to the Lookout) and back to wrap up the morning.

Thanks to the efforts of all Club members throughout the past season, our Trifecta Club Series win gave us two FREE entries into one of the Tri-series events. Barry Meek and Chloe Kay were the two very lucky winners. Barry has chosen to enter Mooloolaba Tri 2017, and Chloe chose this year's Noosa Tri.

You've gotta' be in it to win it!

SUMMARY

Winter Duathlon
Chloe and Barry warmed up and claimed prizes

70.3 & IM Cairns
Tough, tropical conditions only made our athletes fight harder

Event Safety
Thanks to Kim for the First Aid Course

Volunteering
The World Champs need you, 4th of Sep in Mooloolaba

Sharing is caring
Be brave and send us your story:
NTClubNews@gmail.com

Always check our website for more details:
www.noosatriclub.com

SPONSORS



1

LITTLE BIG DASH

New obstacle adventure, full of colour, fun and guaranteed laughs. Brisbane, 24th July.

2

NOOSA CLUB EVENT

To be confirmed:
Off road training event (duathlon), penciled in for Sunday 31st July.

3

YEPPON TRI FESTIVAL

Warm up this Winter over the two-day festival on August 6 & 7.

Ironman & 70.3 Cairns

Tough conditions ensued but our athletes bravely weathered the storm.

"A picture tells a thousand words" and this one



sums up the day. Cloud cover, rain, glimpses of sun, wind and chop. That is what had to be weathered to make it to the finish line in the Tropics.

We had a number of athletes battling the elements and their own sanity in the 70.3 and

IM with the majority finishing with personal bests.

In the 70.3, we had:

- Geoff Van Wachem 5:13 (6)
- Tony Caiafa 5:26 (4)
- Jenny Hurley 5:44 (3)
- Indiana Voss 5:51 (8)
- John Miller 6:03 (8)
- Sue Hancock 6:28 (16)
- Angelika Hannon 6:40 (10)
- Jo Fahey 7:59 (38)
- Phil Scott 8:09 (1)

In the Ironman, we had:

- Seano Clancy 10:20 (12)
- Justin Voss 10:29 (18)
- Peter Fry 11:34 (8)
- Tim Rook 11:45 (60)
- Chloe Kay 11:59 (8)
- Julie Drysdale 12:58 (7)



Noosa local legend and 2012 world champion, Pete Jacobs, made an incredible comeback, showing top

form and determination to grind his way onto the podium in third spot with a smashing time of 8:28.

First Aid

Noosa Tri Club members participated in a First Aid Course after the club training event. The club aims to provide a safe training environment for members, so this means ensuring that we have officials with the training and skills to respond in case of accident or emergency. Thanks to Kim Beckinsale for offering her services.



World's, Sunshine Coast 70.3

The World needs your support!

Ironman is looking for anyone available to assist with the IRONMAN 70.3 World Championships. The event date is Sunday the 4th of September. Ironman would love to have some experienced triathletes as volunteers and they have a variety of roles across the event week.

Ideally, we would like to secure an aid station along the run course where we can cheer and support as a team.

If you can help out, please contact the volunteer coordinator, Katie Reynolds on either mobile or email

- 0414 960 692
- volunteer.mooloolaba@ironman.com

NOOSA TRI (NT) CLUB NEWS... NTCLUBNEWS@GMAIL.COM

If you know someone who has competed in an event but is too shy to tell us, please send a "secret" email to the above address. If you have photos, even better! Any news items are greatly appreciated, especially when written in third person - you can be a direct contributor to our / your newsletter. Please share with us, so we can share with our broader NTC family. If your story does not make it into the current/next newsletter, we might be able to add it to the subsequent publication.