

AUGUST NEWSLETTER

Welcome to the new season to all Club Members!

Last year was a year of transition with a new committee with new ideas and the introduction of many new sessions and initiatives including:

- Wednesday Morning Run “Punisher Wednesdays”
- Yin Yang Run
- Cranky Sunday Long Ride
- New Club Tri and Cycle Kit
- New Social Shirts
- New Club Tent
- New Club BBQ and subsequent social events
- Club Presentation and Awards
- New Membership structure and payment structure
- Triathlon Queensland compulsory membership
- Club House Lease
- New Club Sponsors

We would like to thank all of the committee members, coaches, volunteers and sponsors for helping us achieve all these great things and look forward a successful year to come.

Items in this month’s newsletter include:

- AGM
- Club Presentation and Awards Night
- Club Social Shirt
- MSC/NTC Half Ironman Training Camp
- July Club Event
- Whats happening in August - Monthly Programme
- August Club Event Details
- Athletes to Look Out For!
- Member Profiles

AGM



AGM
ANNUAL GENERAL MEETING

The club AGM was held on Sunday 28th July 2013 with a brief review of the season ending June 2013 including a financial statement. If you would like a copy of the minutes then please email us and we will issue a copy.

We are pleased to announce that the new committee for season 2013 / 2014 is as follows:

President: Mark Pickerill

Secretary: Karen Artis

Treasurer: Basil Macreadie

Committee: David "Death Wish" Royle, Steve Wise, Corallea Edwards, Ken Mewha, Jason Russell, Rhonda Clelland, James Rosborough, Jodi Ditterich, Peter Fry, Anton "Punisher" Clarke, Kim Beckinsale, Mike "Cranky" Knauf

Coaches: Nick Croft & Kim Beckinsale

Please come and say hello to us all and let us know your ideas for the club going forward. We want as many people involved in the club as possible.

PRESENTATION EVENING



The end of season club presentation evening was held at RACV Noosa
<http://www.racv.com.au/wps/wcm/connect/resorts/racv+resorts/racv+noosa+resort> .

Great venue and the staff really look after us. Thanks Dazza

Members were asked to vote for the following categories:

- Athlete of the Year
- Club Person of the Year
- Young Person of the Year
- Goose of the Year

The awards were presented by our good friend and new club member Pete Jacobs and results were as follows:



Jess Fleming - Athlete of the Year



Karen Artis - Club Person of the Year



Jess Muller - Young Person



Goose of the Year - Mark Pickerill

MEMBERS CLUB SOCIAL SHIRT

Membership to the Noosa Tri Club for season 2013/2014 commenced in June 2013 with over 200 members already joining up

As part of your membership you receive a new club social shirt as modelled by these very fine looking gentlemen:



The first 100 shirts are now available for pick up at club sponsor Le Cyclo Sportif bike shop in Noosa Junction.

Please collect however if they don't have your size or have run out - Greg will take your details and put on list for the next order.

SUNSHINE COAST 70.3 TRAINING CAMP / BLOCK

Club coach and friends Multisports Consultants put together a fantastic 4 day training camp in July to help us get to the start line of the Sunshine Coast 70.3.



The camp was a great success with nearly 20 club members putting themselves through 4 days of solid training. A summary of what happened:

DAY 1 - 20k Run, 2k Ocean Swim and 60k Bike Ride



Happy Group outside the Noosa Surf Club

DAY 2 - 3k Swim, 110k Bike Ride 4k Run



Group just before the 110k ride into a head wind!!

DAY 3 - 3k Ocean Swim, 30k Bike



Not so happy!!

DAY 4 – Club Event 2k / 60k / 15k



A successful Triathlon Training Event with over 60 people at the start line

Club events are training sessions in preparation for real races. However we try to record your times on the day.

First to finish was Pete Jacobs in a time of 2Hrs 55mins very closely followed by Mark Pickerill.

Refer to <http://www.noosatriclub.com/wp-content/uploads/2013/08/Club-Event-Results-28-July-20131.pdf> for your time, and some photos of the day.

WHAT'S HAPPENING IN AUGUST

Refer to the attached [program](#) for details of August Training Sessions.

Things to look out for :

- Wednesday 5.45am – Group run – lead by Corallea, Wayne & Anton (the punisher)
- Friday 5.30pm – Ying Yang run – lead by Mark & Basil
- Sunday 6.00am – Long Ride – lead by the Mike (the cranky kiwi)
- Saturday 18 August 6.00am – Club Event 1.5/40/10

AUGUST CLUB EVENT

What: August Club Event

When: 18 August 2013

Time: Registration 6.00am

Distance: Olympic Distance

Enter: <http://www.noosatriclub.com/events-4/>

ATHLETES TO LOOK OUT FOR

Over the coming months there are some major races happening around the world with several of our members competing and representing our club. Look out for the following:

World Triathlon – London 12 – 16th September 2013

Peter Holgate

Rosemary Longstaff

World 70.3 Championships – Las Vegas – 9 September 2013

Paul Worroll

Sabrina Mohn

World Ironman Championships – Kona – 12 October 2013

Jess Fleming

Pete Jacobs

Good luck to all. I'm sure you will do yourselves and the club proud.

Let me know if ive missed anyone?