

NOVEMBER / DECEMBER NEWSLETTER

October and November has been very busy months for the Noosa Tri club and its members. We have had people racing at World championships, Kona, Noosa Triathlon and of course our own training events.

We had some fantastic results but more importantly we had some fun and laughter along the way.

We are nearly half way through the year with Xmas approaching fast and as usual we have lots of training sessions and events for you. **LOOK OUT FOR THE XMAS WEEK WITH XMAS YIN YANG RUN / XMAS CLUB EVENT / XMAS KIDS TRI / XMAS PARTY!!!!!!**

NOOSA TRIATHLON

With over 100+ members entering the Noosa Triathlon we thought it was about time we accommodated you all in a bit of style.

Thanks to Tent Director Big Jason and his club tent team - we not only had a great spot to hang out before and after the race but we also had beers, bbq and a massage table and don't forget the sofa of love!



Entry to next year's event has already opened and thanks to our great friends at USM Events we have 120 guaranteed entries for our members. See below for details of how to get a spot.

NOOSA TRIATHLON 2014 ENTRY

USM has kindly offered Noosa Tri Club a limited number of allocated spots into the 2014 Noosa Triathlon. As you can appreciate, these are highly sought after and we have more members than allocated spots. This puts us as a committee into a predicament, so we have a couple of criteria

If you were unsuccessful in entering last week and would like to submit an EOI to the committee for one of these spots, please consider:

- You need to be a current financial member of Noosa tri club;
- You need to be available to help out as a volunteer at one of our next club events. Please nominate which one in your EOI: 22 Dec, 26 Jan, 23 Feb, 23 March, 27 April, 25 May or 22 June *tentative dates*;
- If you are offered one of the NTC spots and accept it, you are representing us and we would expect you to wear the club kit during the event – photo opportunities 😊

Please email us at clubsecretary@noosatriclub.com

WORLD CHAMPIONSHIPS

During September we had the World Championships in Pommy Land with several athletes including Peter Holgate representing the club. Pete has kindly produced a race report for us. Read Pete's report here - [London Worlds 2013](#).

World Ironman championships were held in Kona in October with Pete Jacobs trying to defend his title and our great mate and new Pro Triathlete Jess “Transition Queen” Fleming hoping to remember her bike shoes and finish in top ten this year.

Well Jess did remember her shoes and manage to finish second in her age group. SECOND!!!! Congratulations Jess. Refer to Jess's race report here - [Jess Fleming Ironman](#).

NOVEMBER CLUB EVENT

On Sunday 24th November we held a club event – sprint distance 750k/18k/5k with 35 people of all levels having a hit out including some newbie's.

Great morning and here are some photos. The young guns showing up a few of the old pros. Refer to website for all photos and the event results <http://www.noosatriclub.com/results/>



WHAT'S HAPPENING IN DECEMBER?

Refer to the attached [program](#) for details of December Training Sessions. Things to look out for :

- Wednesday 5:45am – Group run – lead by Corallea, Wayne & Anton (the punisher)
- Friday 5:30pm – Yin Yang run – lead by Mark & Basil
- Sunday 5:30am – Long Ride – lead by the Mike (the cranky kiwi)
- Sunday 22 December – Xmas Club Event & Kids Tri
- Sunday 22 December – Xmas Party
- Boxing Day Ocean Swim 7am – 2k/3.5k option
- Friday 27 December – Xmas Yin Yang Special
- New Years Day Ocean Swim 7am - 2k/3.5k option

CHRISTMAS CLUB EVENT & KIDS TRI



What: Xmas Club Event & Kids Tri

When: Sunday 22 December 2013

Time: Adults & Juniors 5.30am / Kids 7.30am

Where: Noosa Lions Park

Notes: Kids event suitable 4 years and older

Attend: Father Christmas!

CHRISTMAS TRI PARTY



What: Xmas Party

When: Sunday 22 December 2013

Time: 4pm

Where: Venue to be confirmed

Notes: Limited Drinks and Nibbles provided

CHRISTMAS YIN YANG SPECIAL



What: Xmas Yin Yang Special

When: Friday 27 December 2013

Time: 5.30pm

Where: Noosa Lions Park

Dress: Christmas outfit / Beard / Tinsel – Prize for Best Fancy Dress

Attend: All family and Friends welcome

APPAREL

Club caps and visors have been ordered. The first 50 will be given away to members who regularly turn up to club events, yin yang run and social events etc

Arrive in January!



Club Kit

The Club Kit has been very well received and appreciated by all our club members. We are about to put in a new order and therefore request anyone who would like to purchase any items listed in club merchandise below to confirm quantities and sizes.